



Across Generations: Youth Green Teens Help with Seniors' Home Planters

Fri, 07/12/2013 - 13:46 -- cklynch2

The Bed-Stuy Campaign Against Hunger has introduced an innovative program that includes giving senior citizens free sub-irrigated planters to grow vegetables right in their backyards. Designed and implemented with Feedback Farms and built by BSCAH's very own Green Teens using recycled materials, these planters are growing kale, peppers, tomatoes, herbs, and just about any other plant you desire. The planters are customized and raised above ground level to make them easier for the senior gardeners to maintain. Through monthly check ins, our Green Teens help seniors maintain their gardens, in addition to teaching basic gardening skills and nutritional information.

Through this initiative, BSCAH is fostering and cultivating meaningful relationships between generations, symbiotically learning from one another. Some of our participants have nothing in their backyards, while some have an urban oasis, and they all are thankful for extra space to grow more vegetables. Finally, we ask that our participants donate a small portion of their harvest to our food pantry, so all our community members are mutually benefiting and learning together.

Image (optional):

