



## Year of the Yummy- my garden plan

Thu, 04/04/2013 - 22:08 -- Gineen

Welcome to the year of the yummy. It's the year I finally plan a garden with my only focus being to grow only the things that I want to eat. The yummy things, the sweet things, and savory things I enjoy. This is not the year that I grow the things that I think people expect me to grow. It's not the year for growing the things that health experts say a well-balanced home grown diet should have. This is not the year for growing experimental crops because they came with a catalog description that stated the variety is endangered. Maybe I'll grow exotic quinoa next year, but not in the year of the YUMMY.

The year of the yummy is dedicated to: cherry tomatoes, bell peppers, lettuce, cucumbers, squash, cucumbers, arugula, cress, kale, chard, broccoli, onions, basil, parsley, cilantro, eggplant, and melon. The year of the yummy is for baby spinach, chamomile tea, tender okra, and sugar snap peas.

And in the year of the yummy there will be: fried zucchini sticks, sweet summer salads, savory salsa, and stir fried vegetables. The year of the yummy is for enjoying cool melon slices and biting into splotchy tomatoes. The year of the yummy is for showing up at your friend's front door a homegrown-homemade tray of eggplant parmesan for you both to share.

Maybe next year I will dedicate my garden to a more noble goal- like saving an endangered plant variety or growing only the most nutritious vegetable known to man. Maybe next year, I will dedicate my garden to helping the local natural environment by planting crops that support native insects? Maybe I'll do these things next year, after the year of the YUMMY!

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