



Kitchen Gardening

Fri, 01/18/2013 - 05:25 -- surukgp

Imagine the idea of plucking your own herbs and vegetables. No, you don't have to go to a faraway place, but be right in your homes! More and more people are taking to redefining the idea of fresh greens and vegetables and shrinking the distance between the ingredients and the pan. This is the idea behind launching 'Veg Sanjivani' kitchen garden vegetable seeds. Mint, Coriander, Curry Patta, Chillies and all herbs you can think of, even vegetable plants like Tomato, Capsicum and Lady Fingers can be easily nurtured at home. If we grow our own green, we will have health, happiness and knowledge. Home grown vegetables certainly taste much better than bought ones. Anyone who has tasted tomatoes and cucumbers from the home garden won't want to go back to eating store-bought produce.

You can grow many things in the little space available at your home. You can grow fruiting vegetables like Tomatoes, Brinjal, Chili, Capsicum, Bhindi etc. and green salad like Lettuce, Palak, Coriander, Methi, Garlic, Ginger, Radish, Carrot, and Onion etc.

Image (optional):

