



ERS  
N A L

---

Yay. We knew this all along, we've just temporarily forgotten it: growing your own food is simple, pleasurable and nurturing activity for people who like being around plants. Vital for our continued evolution toward our collective paradise on Earth.

[Back To Eden](#) [1] gives new exposure to eons of commonsense natural wisdom. Tis film was the missing puzzle piece that made me jump up and shout: EUREKA! It's free to watch online (love that)

Now I'm planting, sourcing raw materials, plotting community garden solutions, (>>subversive activity <<) and my depression seems to have vanished in the mere 2 weeks since I saw this movie. (I watched it 3 times & counting)

I am now aware (thanks to people like you kitchen gardeners and initiatives like these) that I CAN do something for the better world that I want to pass on to my kids.

peace

Dimitri

Image (optional):

Season:  
[spring](#) [2]

Topics:  
[food security](#) [3]

Group content visibility:  
Use group defaults

---

**Source URL:** <http://kgi.org/blog/dimitri/back-eden>

**Links:**

- [1] <http://backtoedenfilm.com/#movie>
- [2] <http://kgi.org/season/spring>
- [3] <http://kgi.org/topics/food-security>