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Fri, 10/19/2012 - 02:47 -- pffrollin

Question:

What's the best way to harvest chard?

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What's the best way to harvest chard?

Question Details (optional):

I love chard from my garden, and it's so reliable, abundant, and long-lived. I'm wondering about the best way to harvest it.

1. I've always heard to take leaves from the outer stalks. Yet, I usually wind up taking the biggest leaves (before they become gigantic!), which often are in the middle, growing straight up. Has anyone found it makes a difference to the plant's health to pick from the outside versus anywhere else?

2. At what point should I cut the stalk? Just below the leaf or where the stalk meets the base of the plant?

Thanks!

Pam

Source URL: <http://kgi.org/questions/whats-best-way-harvest-chard>

Links:

[1] <http://kgi.org/crops/chard>

[2] <http://kgi.org/topics/harvesting>

[3] <http://www.flickr.com/photos/vizpix/6137591904/>