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## **Oriental Flavored Green Beans**

Fri, 09/10/2010 - 08:31 -- spirit2sole Introduction:

I have been over run with green beans! I have frozen many up for winter use, but last night after blanching oodles of them. I took about 1 1/2 lbs of them and decided to use them somehow for dinner. I went to my spice cabinet and thew together some oriental flavors and this is what I came up with,,,,,My hubs adored this mixture, the green beans were so tasty. The left overs I placed in the frig for tomorrow.~~!!Today, I pulled the left overs out of the frig and added to fresh baby greens--WOW!! made an awesome salad.

Preparation:

This recipe was so easy. I am sure it can be used on frozen /defrosted green beans also.

Recipe Type: side dishes [1] Ingredients:

Oriental Flavored Green Beans 1 1/2 lbs of blanched green beans 1 small red onion chopped fine Vinaigrette mix 2 Tablespoons of soy sauce 2 teaspoon of rice wine vinegar 1 teaspoon to asted sesame seed oil 1 teaspoon hot pepper flakes Pour over green beans, toss and serve.

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[1] http://kgi.org/recipe-type/side-dishes