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## Strawberry and Arugula Salad

Fri, 04/02/2010 - 11:24 -- Roger Doiron

Introduction:

Who said strawberries were just for dessert? Add them to a spring or early summer salad for a dash of color.

Preparation:

Combine arugula, strawberries, cheese, salt and pepper in a salad bowl. Drizzle vinegar and oil over the salad. Toss gently and serve at once. For variety, add toasted hazelnuts or try goat cheese in place of Parmesan.

Image (optional):

Crops:

[strawberry](#) [1]

Recipe Type:

[desserts](#) [2]

Ingredients:

4 cups baby arugula or other flavorful spring greens 1 cup strawberries, sliced 2 ounces Parmesan cheese, shaved (about 1/2 cup) Salt and pepper, to taste 2 tbsp aged (richer) balsamic vinegar 1 tbsp extra virgin olive oil

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**Links:**

[1] <http://kgi.org/crops/strawberry>

[2] <http://kgi.org/recipe-type/desserts>