



ENERS
N A L

... a sprinkle of salt and thou. What
more could anyone ask. Well, a glass of red wine would be nice, not essential, but appreciated all the same.
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Image (optional):

Crops:

[arugula \(rocket\)](#) [1]

Recipe Type:

[main dishes](#) [2]

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Links:

[1] <http://kgi.org/crops/arugula-rocket>

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