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Wed, 06/16/2006 08:27 - Roger Doren

Introduction:

Do you have more fresh greens than even Popeye could handle? Then, why not make spinach cubes? The process is easy: steam the spinach until wilted, pat it dry, and pack it into ice cube trays. Pop a cube out to add to a sauce, soup or omelet or at some other time when a Popeyesque effort is required. Ice cube trays also work well for freezing pesto. Creative Commons photo credit: Pinprick

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Make Your Own Frozen Spinach Cubes

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