



When greens bolt

Sun, 06/12/2011 - 13:36 -- johannagreen

Yes, this is the end of a good thing. But really its also the start of another really good thing. Depending on the green, you will need to catch this right before or right after the [bolting happens](#) [1]. For mild lettuces, I try to harvest when the center of the head starts to look even a little like it might start to grow vertical. For spicy greens like Arugula and Mustards, I think you're OK as long as you catch them just as they start to bolt, but wait too long and any green will just be too bitter.

Here's the bonus, if you have the space, leave a few plants and let them go completely to seed for harvest later. Then you get more of a good thing by harvesting and saving the seeds for next year, and sometimes the seeds will even reseed themselves for a fall or winter harvest. Double bonus!

Image (optional):

