



Saving seeds for sustainability and survival

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Civilization has been saving and exchanging seeds for 10,000 years. It was a practice created out of necessity. In order to survive, mankind had to eat. In order to eat, mankind had to have food. For there to be food, there had to be seeds to grow plants.

The ancient Romans, Greeks and Persians understood the importance of saving and exchanging seeds. Around 100 BC, administrators of the Roman Empire exchanged information on agriculture, animal husbandry and botany. In addition to this information sharing network, they also had an active seed and plant exchange system. During Aristotle's time, the Greeks and the Persians actively exchanged seeds and plants.

Out of this necessity to save seeds, our ancestors created the agricultural diversity that we enjoy today.

If you have some favorite vegetables that you'd like to grow again next year, consider saving the seeds. It's fun and easy to save the seeds from the vegetables that you harvest from your garden. Besides, you can save a few dollars in the process.

For the rest of the story, [click here](#) [1]?

Happy Gardening!

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