



Published on *Kitchen Gardeners International* (<http://kgi.org>)

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Dig In

Sat, 03/05/2011 - 10:22 -- Allotmentmanyork

This is a useful link to the '[Dig In](#) [1]' website. 'Dig in' is a campaign that has been running for a couple of years now in the UK, where they are trying to encourage people to grow their own vegetables. There are useful little videos that show the beginner and especially children what to do.

I'm not sure what the BBC allows to be shown in other parts of the world. Hopefully they have made them available to all.

Glenn

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Links:

[1] <http://www.bbc.co.uk/gardening/digin/>