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[Home](#) > La Cosecha

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Just about to start harvesting our 200 olive trees, wind permitting.

We live in Spain, on the Mediterranean Costa Dorada in Catalunya, and have Olives, Almonds and Carobs - all of which we have to harvest in a 3 month period.

The olive crop this year is looking fantastic (1 year good, 1 year bad) and we have high hopes of being able to press our own oil in a local stone olive mill, the traditional way.

As we do not use herbicides or pesticides, we can call ourselves ecological - in fact the only spray we use is comfrey tea, which we make from our comfrey beds. This liquid will be applied twice a year; once after pruning the trees in January, and a second time in the summer to give the trees a boost.

We have about ten deep beds here now, and are continuing to sow lettuce, spinach, cabbages and all manner of plants, that will grow throughout our mild winter.

Our chillies have now given up, but artichokes planted in September are now full steam ahead.

The most exciting news I have is that I have just ordered next year's vegetable seeds - all heirloom varieties, and I am already planning the extra deep beds that I will need.

As our goal is to become Self'ish Sufficient, then the ability to save the seeds is also important to me.

If anybody hails from Spain - would be great to get in touch - until the next time 'Hasta la proxima'

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