



IERS
N A L

anted a tiny pot of it this spring.
nothing with it - until yesterday.

as, herbs, bones and assorted
vegetables. I am convinced that these types of broths are a cure for whatever ails you. Yesterday I added a handful of the chopped lemongrass stalks and after straining it this morning found it was the best tasting broth ever! Even cold!

Now I need to get to work cutting and freezing the stalks so that I can enjoy them all winter long.

Image (optional):

Group content visibility:
Use group defaults

Source URL: <http://kgi.org/blogs/g9/discovering-lemongrass>