



Introducing the Teaching Garden

Thu, 05/20/2010 - 14:56 -- Joan Kerr

The teaching garden has inspired so many people to join and participate. We are creating a series of gardens such as herb, kitchen, medicinal, medieval etc so people can touch, feel, smell and eat the produce. The first steps to till the field which was used as a hayfield. This is being done today, May 20, 2010. The Reelfood Program// design /to promote healthy lifestyles by screening food documentaries, teaching the merits of growing and eating locally produced foods, incorporating the following: Community gardens and backyard/home farming; * Educational component; planting, caring, and canning/preserving * Resources, support and mentorship; and * Cooking nutritiously /The Reelfood/ /Program// /is an educational community outreach initiative to teach residents about ease of planting and harvesting fresh, organic fruits, berries, herbs and vegetables on their own property and become more sustainable

Image (optional):

